

**Bibliography on drug addiction:
Prevention**

**Bibliografia sulle Buone Prassi e sulle Strategie nel campo della Prevenzione dell'abuso di Drogena
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- "Family Communication & Self-Esteem. Long Term Prevention of Drug & Alcohol Misuse", A programme which focuses on parents as the primary educators and seeks to exploit the connection between prevention of drug misuse and family communication. (Ireland)
[<http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=12>](http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=12)
- "Community Project For Health Promotion", This is a prevention project that targets 6-10 years old in the community and at school. (Portugal)
[<http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=1196>](http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=1196)
- "Me and the others", Me and the others' is a universal school and/or community-based prevention programme. The final target groups are children/young people between 10 and 18 years old. The programme is a game where youngster have to chose roles of given characters that belong to different stories. 'Me and the others' information is on the website www.tu-alinhias.pt (prevention approach website), with news and works/programs that are made around this project., (Portugal)
[<http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=08PT05>](http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=08PT05)
- "Good Behaviour Game", Preventing behaviour problems at an early age is probably resulting in a reduction of different problems, including substance use problems, at later age. Applying the Good Behavior Game (GBG) in elementary schools, resulted in reductions of tobacco use from age 10 to 13 years, but alcohol use remained equal (probably due to the very young age of the students). Follow-up measurements are necessary to determine longer-term effects., (The Netherlands)
[<http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=200903>](http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=200903)
- "Partywise", Partywise is a prevention concept whose primary objective is to encourage party people to take their responsibility during a night out. Partywise tries to inform and sensitize clubbers in different ways, so that they can take responsible choices especially in regard to the risks of alcohol and drug use. Partywise is aimed at two target groups: party people; club owners and promoters of dance events. Partywise organizes every year a campaign or actions such as: education via the partywise website; dissemination of posters, flyers, stickers, newsletters and gadgets; publication of articles and advertisements in youth media; training of prevention workers and bar staff for first aid in case of drug incidents in the nightlife; giving consult to party promoters and event organizers., (Belgian)
[<http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=VL>](http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=VL)
- "STAY (St. Aengus Stay-In-School Youth Project)", STAY project offers an integrated community response for children at risk of early school-leaving between the ages of 10 and 14, who reside in the parish, which will enable them to involve themselves consciously and actively in their own development and in the development of society. (Ireland)
[<http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=2247>](http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=2247)
- "Peer Support For Parents In Low SES Neighbourhoods To Prevent Childhood Drug Problems", The project promotes peer meeting for parents, which discuss parenting skills in relation to drug use, (The Netherlands)
[<http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=2269>](http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=2269)

- “Young People As Peer Educators In Drug Misuse”, Increases young people's knowledge of drugs and develops communication skills to enable them to explore and discuss all aspects of issues related to young people and substance misuse with their peers, (United Kingdom) <http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=1341>
- “Jugendline: A Peer-to-peer Consultancy Approach”, JugendLine developed by the district of Hohenlohekreis offers a multimedia consultancy service to young people provided by young people: The consultancy can take place via telephone, internet, fax or traditional post. It deals with young people's everyday life and their outlook on life, (Germany) <http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=1253>
- “Unplugged”, Unplugged is a school-based programme based on the comprehensive social influence approach, targeted to adolescents 12-14 years old and aimed to reduce the initiation, the use and abuse of tobacco, alcohol and illicit drugs. The programme has been evaluated in a large European collaborative randomised controlled trial (EU-Dap), conducted in seven European countries between 2004 and 2007. The effectiveness evaluation showed that the programme is effective at 3 months follow-up in preventing cigarette use, drunkenness episodes and use of cannabis among 12-14 year old students. The effect on drunkenness and cannabis is maintained at a 1 year follow-up. (Italy), <http://www.emcdda.europa.eu/modules/wbs/dsp_print_project_description.cfm?project_id=IT>